

# BluePreferred Summary of Benefits

| Services   | In-Network You Pay <sup>1,2</sup>   | Out-of-Network You Pay <sup>1,3</sup>                          |
|--|---|--|
| Visit <a href="http://www.carefirst.com/doctor">www.carefirst.com/doctor</a> to locate providers and facilities  |   |  |
| <b>24-HOUR NURSE ADVICE LINE</b>   |   |  |
| Free advice from a registered nurse. Visit <a href="http://www.carefirst.com/needcare">www.carefirst.com/needcare</a> to learn more about your options for care. | When your doctor is not available, call 800-535-9700 to speak with a registered nurse about your health questions and treatment options.  |  |
| <b>WELLBEING PROGRAM &amp; BLUE REWARDS</b>  |   |  |
| Visit <a href="http://www.carefirst.com/wellbeing">www.carefirst.com/wellbeing</a> for more information.   | You have access to a comprehensive wellbeing program as part of your medical plan. You also have Blue Rewards, an incentive program where you can get rewarded for completing certain activities.                                 |  |
| <b>ANNUAL DEDUCTIBLE (Benefit period)<sup>4</sup></b>  |   |  |
| Individual   | None  | \$500  |
| Family   | None  | \$1,000  |
| <b>ANNUAL OUT-OF-POCKET MAXIMUM (Benefit period)<sup>5</sup></b>   |   |  |
| Medical <sup>6</sup>   | \$2,000 Individual/\$4,000 Family   | \$3,000 Individual/\$6,000 Family                              |
| Prescription Drug <sup>6</sup>   | \$4,500 Individual/\$9,000 Family   | All drug costs are subject to in-network out-of-pocket maximum |
| <b>LIFETIME MAXIMUM BENEFIT</b>  |   |  |
| Lifetime Maximum   | None  | None   |
| <b>PREVENTIVE SERVICES</b>   |   |  |
| Well-Child Care (including exams & immunizations)  | No charge*  | Plan pays 100% of Allowed Benefit                              |
| Adult Physical Examination (including routine GYN visit)   | No charge*  | Deductible, then 20% of Allowed Benefit                        |
| Breast Cancer Screening  | No charge*  | Plan pays 100% of Allowed Benefit                              |
| Pap Test   | No charge*  | Plan pays 100% of Allowed Benefit                              |
| Prostate Cancer Screening  | No charge*  | Plan pays 100% of Allowed Benefit                              |
| Colorectal Cancer Screening  | No charge*  | Deductible, then 20% of Allowed Benefit                        |
| <b>OFFICE VISITS, LABS AND TESTING</b>   |   |  |
| Office Visits for Illness  | Virtual Connect Plus through selected providers, including CloseKnit <sup>7</sup> - No charge* ( <a href="http://www.carefirst.com/virtualconnect">www.carefirst.com/virtualconnect</a> )<br>All other providers - \$20 per visit | Deductible, then 20% of Allowed Benefit                        |
| Imaging (MRA/MRS, MRI, PET & CAT scans)  | No charge*  | Deductible, then 20% of Allowed Benefit                        |
| Lab  | No charge*  | Deductible, then 20% of Allowed Benefit                        |
| X-ray  | No charge*  | Deductible, then 20% of Allowed Benefit                        |
| Allergy Testing  | No charge*  | Deductible, then 20% of Allowed Benefit                        |
| Allergy Shots  | \$5 per visit   | Deductible, then 20% of Allowed Benefit                        |
| Physical, Speech and Occupational Therapy  | \$15 per visit  | Deductible, then 20% of Allowed Benefit                        |
| Chiropractic   | \$15 per visit  | Deductible, then 20% of Allowed Benefit                        |
| Acupuncture (limited to 20 visits/benefit period)  | \$15 per visit  | Deductible, then 20% of Allowed Benefit                        |

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| <b>EMERGENCY SERVICES</b>  |   |   |
| Urgent Care Center   | \$20 per visit  | In-network deductible, then 20% of Allowed Benefit                                |
| Emergency Room—Facility Services   | \$50 per visit (waived if admitted)   | \$50 per visit (waived if admitted)   |
| Emergency Room—Physician Services  | No charge*  | No charge*  |
| Ambulance (if medically necessary)   | No charge*  | In-network deductible, then 20% of Allowed Benefit                                |
| <b>HOSPITALIZATION—(Members are responsible for applicable physician and facility fees)</b>  |   |   |
| Outpatient Facility Services   | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Outpatient Physician Services  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Inpatient Facility Services  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Inpatient Physician Services   | No charge*  | Deductible, then 20% of Allowed Benefit   |
| <b>HOSPITAL ALTERNATIVES</b>   |   |   |
| Home Health Care<br>(limited to 90 visits per episode of care)   | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Hospice<br>(Inpatient—limited to 60 days per hospice eligibility period; Outpatient—limited to 180 day hospice eligibility period) | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Skilled Nursing Facility<br>(limited to 60 days/benefit period)  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| <b>MATERNITY</b>   |   |   |
| Preventive Prenatal and Postnatal Office Visits  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Delivery and Facility Services   | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Nursery Care of Newborn  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Artificial and Intrauterine Insemination <sup>8,9</sup>  | Benefits are available to the same extent as benefits provided for other services   | Benefits are available to the same extent as benefits provided for other services |
| In Vitro Fertilization Procedures <sup>8,9</sup>   | Benefits are available to the same extent as benefits provided for other services   | Benefits are available to the same extent as benefits provided for other services |
| <b>MENTAL HEALTH AND SUBSTANCE USE DISORDER—(Members are responsible for applicable physician and facility fees)</b>               |   |   |
| Inpatient Facility Services  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Inpatient Physician Services   | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Outpatient Facility Services   | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Outpatient Physician Services  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Office Visits  | Virtual Connect Plus through selected providers, including CloseKnit <sup>7</sup> - No charge*<br><b>(www.carefirst.com/virtualconnect)</b><br>All other providers - No charge* | Deductible, then 20% of Allowed Benefit   |
| <b>MEDICAL DEVICES AND SUPPLIES</b>  |   |   |
| Durable Medical Equipment  | No charge*  | Deductible, then 20% of Allowed Benefit   |
| Hearing Aids for ages 0-18   | Not covered   | Not covered   |
| <b>VISION</b>  |   |   |
| Routine Exam (limited to 1 visit/benefit period)   | \$10 per visit at participating vision provider   | Total charge minus \$33 Allowed Benefit   |
| Eyeglasses and Contact Lenses  | Discounts from participating vision centers   | Not covered   |

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Note: Allowed Benefit is the fee that participating providers in the network have agreed to accept for a particular service. The participating provider cannot charge the member more than this amount for any covered service. Example: Dr. Carson charges \$100 to see a sick patient. To be part of CareFirst's network, he has agreed to accept \$50 for the visit. The member will pay their copay/coinsurance and deductible (if applicable) and CareFirst will pay the remaining amount up to \$50.

- \* No copayment or coinsurance.
- <sup>1</sup> When multiple services are rendered on the same day by more than one provider, Member payments are required for each provider.
- <sup>2</sup> In-network: When covered services are rendered by a provider in the Preferred Provider network, care is reimbursed at the in-network level. In-network coinsurances are based on a percentage of the Allowed Benefit. The Allowed Benefit is generally the contracted rates or fee schedules that Preferred Providers have agreed to accept as payment for covered services. These payments are established by CareFirst BlueCross BlueShield (CareFirst), however, in certain circumstances, the Allowed Benefit for a Preferred Provider may be established by law.
- <sup>3</sup> Out-of-network: When covered services are rendered by a provider not in the Preferred Provider network, care is reimbursed as out-of-network. Out-of-network coinsurances are based on a percentage of the Allowed Benefit. The Allowed Benefit is generally the contracted rates or fee schedules that Preferred Providers have agreed to accept as payment of covered services. These payments are established by CareFirst, however, in certain circumstances, the Allowed Benefit for an out-of-network provider may be established by law. When services are rendered by Non-Preferred Providers, charges in excess of the Allowed Benefit are the member's responsibility.
- <sup>4</sup> For family coverage only: When one family member meets the individual deductible, they can start receiving benefits. Each family member cannot contribute more than the individual deductible amount. The family deductible must be met before the remaining family members can start receiving benefits.
- <sup>5</sup> For family coverage only: When one family member meets the individual out-of-pocket maximum, their services will be covered at 100% up to the Allowed Benefit. Each family member cannot contribute more than the individual out-of-pocket maximum amount. The family out-of-pocket maximum must be met before the services for all remaining family members will be covered at 100% up to the Allowed Benefit. The out-of-pocket maximum includes deductibles, copays and coinsurance.
- <sup>6</sup> Plan has separate out-of-pocket maximums for medical and drug expenses which accumulate independently.
- <sup>7</sup> CloseKnit is a registered Trademark owned by, and is the trade name of, Atlas Health, LLC. Atlas Health, LLC d/b/a CloseKnit does not provide Blue Cross Blue Shield products or services and is providing in person and telehealth services to CareFirst members. Atlas Health, LLC is a corporate affiliate within the CareFirst, Inc. corporate umbrella of companies.
- <sup>8</sup> Members who are unable to conceive have coverage for the evaluation of infertility services performed to confirm an infertility diagnosis, and some treatment options for infertility. Preauthorization required.
- <sup>9</sup> Infertility services will be paid the same as other medical services including Office Visits, Surgery, General Ancillary, Lab, and Radiology benefits.

**Not all services and procedures are covered by your benefits contract. This summary is for comparison purposes only and does not create rights not given through the benefit plan.**

The benefits described are issued under form numbers: DC/CF/GC (R. 1/24); DC/CF/LG/PPO/EOC (1/25); DC/GHMSI/DOL APPEAL (R. 1/22); DC/CF/LG/DOCS (1/25); DC/CF/LG/PPO/SOB (1/25); DC/CF/RX3 (R. 1/25); DC/CF/LG/SELECT PROV (1/25); DC/CF/LG/INCENT (R. 1/25) and any amendments.

